Welcome to Mingoola Public School.
We look forward to working with your family to achieve the best possible education for your child.

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Principal: Cam Pryce
Welcome

On behalf of the staff of Mingoola Public School I welcome you to our school.

Mingoola Public School is a small but very well resourced school, dedicated to delivering a high quality, well-rounded education to its students, giving them the opportunity to achieve at their potential.

Both staff and students take great pride in our school and maintain high standards in academic effort, attendance, behaviour and presentation. The following pages provide information on how staff will work with you and your child to maintain these standards and provide the very best opportunities for your child.

I look forward to working closely with you to ensure that our students are supported in their development through primary school and are able to achieve their personal best.

Principal
MINGOOLA PUBLIC SCHOOL

Staff  Roles
Mr Cam Pryce  Teaching Principal
Miss Belinda Brown  Teacher / Learning and Support Teacher
Mrs Belinda Hollitt  School Administration Manager / Student Learning Support Officer
Mr Pat Gillespie  General Assistant
Foreword

This booklet is provided to parents of students attending Mingoola Public School, to inform families of our school routines, services, expectations and procedures.

For further information about schools in general, please visit the NSW Public Schools Handbook at http://www.schools.nsw.edu.au/gotoschool/a-z/index.php.

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Our School

Mingoola Public School sits in the Mole River Valley, close to the Queensland – New South Wales border. Students living in both states attend Mingoola Public School, most from families engaged in employment in primary production.

The school is very well resourced, occupying four buildings including two technologically advanced interactive classrooms, a music shed and an office / library building. All classrooms are air-conditioned and contain sufficient computers to allow all students access at the same time. Students also have access to iPads, connected classrooms and interactive whiteboards in each classroom to enhance learning. These technologies are well utilised within the dynamic learning program, making the learning experience truly interactive.

Students are provided with three undercover areas in which to play as well as a multipurpose court and sandpit with play equipment within. A large array of sporting and play equipment is available for student use in our sports equipment shed.

The students and staff of MPS receive strong community support through both the P&C and the involvement of individual parents. We maintain a harmonious, family oriented environment in which our students can flourish.

A sense of student ownership of learning outcomes is promoted, whereby students take responsibility for engaging in the stimulating learning environment and want to learn. In this context, highly effective partnerships between students and teachers can be formed, with the support of parents.

School Motto: *Always Achieving*

The staff of Mingoola Public School are committed to enhancing the academic, sporting and cultural outcomes for each student. Our motto; *Always Achieving*, speaks of this dedication to assist students to develop their knowledge and understanding, making constant progress at their own level. Students are encouraged to attempt new challenges, focus on achievements and to view mistakes as opportunities for learning.

Mission Statement: *To create a stimulating, safe, supportive and disciplined learning environment, in which students engage in quality education, preparing them as well-rounded and informed global citizens of the 21st century.*
## School Hours & Playground Supervision

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30am – 9:00am</td>
<td>Student Arrival</td>
</tr>
<tr>
<td>9:00am – 10:00am</td>
<td>Morning Session (English &amp; Literacy)</td>
</tr>
<tr>
<td>10:00am – 10:10am</td>
<td>Crunch &amp; Sip</td>
</tr>
<tr>
<td>10:10am – 11:00am</td>
<td>Morning Session (English &amp; Literacy)</td>
</tr>
<tr>
<td>11:00am – 11:30am</td>
<td>Recess</td>
</tr>
<tr>
<td>11:30am – 12:40pm</td>
<td>Middle Session (Mathematics)</td>
</tr>
<tr>
<td>12:40pm – 1:20pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>1:20pm – 3:00pm</td>
<td>Afternoon Session (Science &amp; Technology / HSIE / PDHPE / CAPA)</td>
</tr>
<tr>
<td>3:00pm – 3:30pm</td>
<td>Student Departure</td>
</tr>
</tbody>
</table>

Supervision is provided during these hours. Teachers officially commence duty half an hour before classes commence. If staff members are on campus before this time, they are there to prepare lessons or perform administrative tasks, not to provide supervision to students. Children are encouraged to **arrive at school at approximately 8:40am**, when the school bus reaches school.

Please note that MPS operates on NSW time, including daylight savings time during the summer months.

### Variations to School Hours

At times, excursions or special events necessitate the extension of school hours. This is done to enhance the learning of students and make a greater range of experiences available to them. Parent permission will be sought in writing in advance of such occasions.
Attendance

Mingoola Public School is proud of its record of high attendance. In NSW, students of compulsory school age are required to attend school every day unless they are sick or have another valid reason for absence. Regular attendance is essential to ensure students have the opportunity to make satisfactory progress in all aspects of their development.

Parents are required to explain their child’s absence within seven days of the absence. Failure to do so will result in an unjustified absence being entered in the student’s record. Reasons such as birthdays or family holidays are generally not considered satisfactory explanations for absences.

For absences of three days or less, a note from a parent on return to school is sufficient. For longer absences, please notify the school in writing about the nature of the absence and probable duration. Advanced notification will allow teachers to prepare for the child’s absence within their learning program.

A significant amount of unjustified absences may be referred to the Home School Liaison Officer, who will seek reasons for the absences.

If your child is to leave school before 3:00pm, a leave note must be provided to the class teacher before the child is to leave. If possible, this should be sent to school with the child so that the class teacher can take the information into account during lessons.

Parents of students arriving late to school are asked to fill in a late note at the office upon arrival.

Travel to and from School

A bus run services certain areas surrounding the school, transporting students to and from Mingoola PS. Further information can be sought from Pat Gillespie, the operator of the service.

Financial assistance is available through the School Student Transport Scheme for students accessing the bus service. (See http://www.transport.nsw.gov.au/ssts/.)

For families not able to access the bus service, financial assistance is available through the Private Vehicle Conveyancing Scheme. (See http://www.transport.nsw.gov.au/pvc.)

Student Pick-up

Most students will either be regularly collected by family members or will regularly catch the bus. If your child is to vary their regular routine, either a note is to accompany your child to school detailing the change or a phone call is to be made by 2:50pm. This procedure is to ensure the safety of all students on their journey home. Please note that phones may be unattended between 2:55pm and 3:05pm. Students without either a note or phone call will not be allowed to vary their home routine.

See the ‘Attendance’ section above for information on early student pick-ups.

Parking
Although we are fortunate to have our school face onto a dead end street, the road at the front of the school can become hazardous to students at the beginning and end of school days. Parents are asked to park a minimum of 15m from the gate if parking on the school side of the street. Parking is available on the opposite side of the road, however children should be accompanied when crossing the road to the school or from the school to their vehicle.

In the afternoons, staff will escort students onto the school bus. All other students must wait inside the school gate until the bus has departed. These students will then be released by their teacher.

All drivers are asked to exercise care when driving in the vicinity of the school to help ensure the safety of our students.

Following these guidelines will allow the school bus to operate in safety and prevent dangerous situations for our students.

**Communication with Staff**

An open dialogue between staff and parents is encouraged as it is essential to achieving the best outcomes for your child.

The key mode of communication of general information is the school’s fortnightly newsletter, sent home with students on Monday of weeks 1, 3, 5, 7 and 9. Additional notes may also be sent home between these times. Staff may also call you to request a telephone or face to face meeting specific to your child. In addition to the paper copy you will receive, the newsletter is posted on our website, at [www.mingoola-p.schools.nsw.edu.au](http://www.mingoola-p.schools.nsw.edu.au). On the website, you can find other useful information, such as a calendar outlining important dates in the term and photographs of students and events.

The school also maintains a twitter account, which can be found by searching the handle @MingoolaPS.

If you wish to speak to the principal or your child’s teacher, please call the office to arrange a time. Only in the case of emergency will teaching staff take phone calls during class time.

Matters concerning administration can be directed to Mrs Hollitt. Mrs Hollitt is usually available on the school phone, but will sometimes be unable to answer as she is supporting student learning in class. A message can be left on the answering machine if this is the case.

Non-urgent matters can also be sent to the schools email address; mingoola-p.school@det.nsw.edu.au. The principal can be emailed via cam.pryce@det.nsw.edu.au.
Excursions

Excursions form an important part of the schools educational programs, enhancing and supporting studies in the classroom. These include overnight camps to locations within the New-England area and one major, week-long excursion each year. Excursions usually include all students from K-6 and are considered part of the normal school program.

Parents of Kindergarten students are invited to attend to assist with overnight excursions, but all other parents are kindly asked to refrain from attending unless specifically requested.

Mingoola Public School is fortunate to have its own dedicated bus for school excursions. Our bus allows us to access educational experiences outside the confines of the campus with convenience and with minimum expense. The bus is driven by either Mr Pryce or Mr Gillespie, who both hold the appropriate licence for the class of vehicle.

Excursion costs are closely monitored so that no child is excluded on financial grounds. Written parental permission is required for any activity that involves a cost or occurs outside school grounds or school hours.

Fees

Schools can request contributions to enhance the school’s educational and sporting programs. These fees may cover the purchase of materials used in particular subjects. Mingoola Public School does not charge any such fees. The P&C fundraises and donates money to the school that minimises the cost to the school and parents of providing a quality education.

Fees are however attached to major excursions and some minor excursions. Fees are dependent on the cost of distances travelled, activities involved and the amount donated by the P&C.

Emergency Procedures

Evacuation and lockdown drills are conducted on a regular basis to ensure all staff and students respond effectively in the event of an emergency. Copies of the procedures can be viewed at the school. If you hear a siren when visiting the school, please make you way to the evacuation point within school grounds at the phone box.

Mingoola PS contributes to the NSW Ambulance Fund for our students. This ensures that no cost is involved should the school have cause to call the NSW Ambulance Service.
School Rules & Expectations

Students learn that in attending Mingoola Public School, they are entitled to certain rights and that with these rights, come responsibilities. At our school, students have the right to:

- feel safe
- feel happy
- respect
- learn

To protect these rights, students have the following responsibilities, which form our school rules:

- Respect yourself
- Respect others
- Respect property
- Be fair
- Be kind
- Work and play safely
- Work and play hard

Behaviour that infringes on the rights of other students or staff will not be tolerated. Minor offences will be dealt with through the ClassDojo/AAACE Rewards system; moderate infractions may result in the allocation of time-out during recess and lunch breaks; while more serious behaviours such as harassment, bullying and illegal or anti-social behaviour may result in suspension.

Students are recognised for appropriate behaviour through our AAACE Rewards system. Under this system, students receive a reward card or ClassDojo point for exemplary conduct in the areas of Attitude, Academic, Attendance & Attire, Citizenship and Effort. Each term, any student who has accumulated twenty or more AAACE Award cards / points may attend the Principal’s Reward Excursion. This is a fun day, rewarding students’ hard work and good behaviour that is funded by the school and at times the P&C.
School Uniform

Mingoola Public School and its P&C support the concept of school uniform and implement the policy of the NSW Department of Communities in encouraging students to wear it.

The students and staff of MPS take considerable pride in their appearance. The Mingoola Public School uniform identifies students as members of our community and when worn with pride, sets us apart from other schools.

There are many reasons why both the principal and P&C strongly support the wearing of correct school uniform. These include:

- The wearing of a uniform creates a sense of equality. Students do not have cause to compare their clothing with that of their peers. All students are equally dressed, regardless of the differing economic means of their families.
- Children who wear the school uniform are displaying their pride in their school. A sense of belonging is fostered as students can identify to the group through their clothing.
- Students learn that there are varying standards of dress for different occasions. They learn that there is a correct type of dress for school or work that would not be appropriate at a party or at the beach and vice versa.
- The task of getting ready for school is made easier, with the worry of what to wear removed from each morning.
- Parents find that their child’s good clothes last longer when they wear their uniform to school.
- The school clothing pool provides a cost effective option for clothing students each day.
- The school uniform is designed to be both comfortable and safe. Certain garments and accessories may not be appropriate to the activities of a school day and may even be hazardous during sport and creative arts lessons.

Every item of school clothing should be clearly labelled with your child’s name. Items marked with an asterisk (*) are available from the P&C clothing store.

Summer Uniform

- Mingoola School shirt* (including senior shirt for Year 6 students)
- Navy blue shorts*
- Navy blue skirt (knee length) or skort*
- Navy blue broad-brimmed hat*
- White, black or navy blue socks
- Black leather shoes or black joggers
Winter Uniform

- Mingoola School shirt (including senior shirt for Yr6 students)*
- Mingoola School polar fleece*
- Navy blue ‘drill’ long pants*
- Navy blue broad-brimmed hat*
- White, black or navy blue socks
- Black leather shoes or black joggers

Sports Uniform

As above, but joggers and track pants may be worn.

Year 6 Formal Uniform

Each student in Year 6 wears a formal uniform at assemblies and special occasions.

- White collared, long-sleeved shirt
- Black formal pants
- Mingoola School tie*
- Mingoola School blazer* (loaned from the school)

The following are not considered appropriate for school:

- Open footwear or slip-on shoes.
- Earrings other than simple studs or sleepers.
- Jewellery other than a small chain worn under the shirt.
- Bicycle pants or similar tights worn without shorts or a skirt.
- Any other item deemed inappropriate by agreement of the principal and P&C.

For comfort, safety and to prevent possible head lice outbreaks, it is asked that long hair be pulled back into a plait, bun or pony-tail.
Required Student Equipment

The great majority of equipment required in the classroom is supplied by the school. Each child should bring at the start of the year, lead pencils, a red pen, black or blue pen, a ruler and a glue stick. White Out, Liquid Paper and other such corrective products are not permitted in NSW schools.

Curriculum

The educational programs at Mingoola Public School are drawn from the NSW Board of Studies, Teaching and Educational Standards’ syllabus documents. Syllabus documents are available for viewing at the school or at [http://syllabus.bos.nsw.edu.au/](http://syllabus.bos.nsw.edu.au/).

Curriculum areas are as follows:

- English
- Mathematics
- Human Society in its Environment
- Science and Technology
- Personal Development, Health and Physical Education
- Cultural and Performing Arts

For further information regarding the content of these areas, please contact your child’s teacher.

Homework

Mingoola PS believes that homework forms an important part of the school’s educational program. It provides the opportunity for students to consolidate the skills, knowledge and understanding developed in class. Additionally, homework develops students’ ability to work independently, setting up effective study habits for high school. Homework provided by Mingoola PS directly relates to the work students complete in class. It affords parents and carers an additional insight into the learning that their children are engaged with.

However a review of research on homework conducted by the Department of Communities in 2012 concluded that there was no evidence that homework lifts the academic performance of primary students. Therefore, the Mingoola Public School Homework Policy provides the option for parents to opt out of homework with no penalty to students.

Homework is sent home on Mondays and is to be returned to school on Friday. The work varies by stage, with amount and complexity increasing with school stage.
The following times are a guide as to how much time students should spend on homework each night:

- K-2 – 15min
- 3-6 – 20min

If students require assistance with part of their homework, they need to bring their homework to their teacher before Friday for help.

For further information on homework and the school’s homework policy, please visit the policies section of the school website, or request a copy from the school.

Library

Mingoola Public School has a well-resourced library for student use. We strongly encourage students to borrow at least two books each week to read at home. Dedicated time for library activities is scheduled for Fridays and students should have books to renew or return on this day.

Learning Support

At Mingoola Public School, we recognise that the learning needs of each student are unique. Our learning programs respond to these needs within the context of mainstream classes. Some students however benefit from additional support programs to assist their progression through learning outcomes. Mingoola PS employs a part time Learning and Support Teacher to implement these programs. This position is supported with a part time Student Learning Support Officer, who assists in providing additional support to students.

If your child is identified to receive additional learning support, the principal or Learning and Support Teacher will inform you of the nature of this support.

Classroom Assistance

At times, parents may be invited to assist in classroom activities or on school excursions. Parents are required to sign-in upon arrival and must complete a Working with Children Check, prior to commencing volunteer work, to satisfy child protection obligations.

Parents are particularly encouraged to assist with our special craft, construction or science sessions in the annual Community Involvement Project.

All visitors to school grounds are required to sign-in at the office upon arrival.
Religious Education

The provision of religious education is a requirement of schools. Religious education falls into two areas.

*General religious education* is education about the world’s major religions, what people believe and how that belief affects their lives. It is taught through the school curriculum, mainly in the HSIE learning area.

*Special religious education* is education in the beliefs and practices of an approved religious persuasion by authorised representatives of that persuasion. Participation in these lessons is not mandatory. Parents may complete an exemption form for their child with no detriment to the student.

Specialist religious education is provided by visiting members of the Outback Scripture Patrol.

Please inform the school if you wish to opt your child out of special religious education classes.

Sport

Sporting activities vary from term to term and cover a range of sporting skills, fundamental movements and fitness.

Students participate in daily fitness activities each morning from 9:05am to 9:20am, while sports lessons are held every Friday. Throughout the year, the day and time of sport may vary due to temperature, or to accommodate joint sports sessions with other local schools.

MPS is a member of the Northern New England Primary Schools Sports Association. Through this association, students have the opportunity to compete in a range of sports at higher levels. Each year, students compete in our local Small Schools Swimming, Athletics and Cross Country Carnivals to determine those students who will represent our school at Zone level.

Mingoola Public School has a proud tradition of strong participation levels in these events, standing out as a school that regularly achieves full participation in the local Small Schools Carnivals.
Assessment & Reporting

Student progress is constantly monitored with ongoing assessment throughout the year. Student reports are distributed to parents at the end of Semesters Two and Four. At this time, parents are invited to an interview with their child’s class teacher should the parent so wish. While teachers may request an interview at this time, it is the policy of Mingoola Public School for teachers to make contact with parents with concerns as soon as possible. Therefore, teachers may request an interview with parents at other times throughout the year. Parents may also request an interview with teachers at any time. Please refer to the ‘Communication with Staff’ section of this booklet.

While learning experiences are planned and delivered that focus on the development of each student at his or her appropriate level, reporting is conducted against relevant Stage outcomes.

Assemblies & Awards

End of term assemblies are held throughout the year. Prior notice of assemblies is given in the school newsletter.

Student awards are presented at these assemblies for achievement, improvement and effort. Awards are as follows:

- **Bronze Award**  Awarded for achievement, improvement and effort.
- **Silver Award**  Awarded to a student who has received three Bronze Awards.
- **Gold Award**  Presented at the end of year assembly to students who have achieved two Silver Awards. Gold Award recipients are also awarded a prize to the value of $25.

These awards are cumulative over the course of each student’s time at Mingoola Public School. Recipients of awards are published in the school newsletter following the assembly.

Parents are encouraged to attend school assemblies to recognise the achievements of our students.

School Councillor

The school councillor provides a range of counselling and child assessment services to assist with the general support of students’ education and wellbeing. The councillor can be accessed by appointment made by the school Learning and Support Team.

Parental permission is required for students to see the school councillor. If you wish for your child to see the school councillor please contact the principal.
Child Protection

During school hours, the safety of students is our responsibility and priority. This responsibility includes their physical and emotional safety while at school and also extends to equipping students with the knowledge and understanding to help protect them from harm in all contexts. Mingoola Public School implements the Department of Communities’ Child Protection program to meet this commitment. The program includes training of staff in recognising and reporting children that may be at risk of harm as well as the education of students in their rights and strategies to prevent harm.

All teachers have a legal responsibility to report on students whom they believe to be at risk of harm.

Parents are informed via the newsletter of the content of Child Protection lessons prior to commencement of units.

Life Education

Additional to the PDHPE program delivered in regular classes, the Life Education Van visits the school each year to provide lessons on personal development, personal safety, drug education and healthy living.

Medical Information & Medication at School

To ensure the health and wellbeing of your child at school, it is essential that the school is provided with up-to-date medical information. This includes, but is not limited to:

- allergies
- medication
- infections and illnesses

Parents are asked to update this information at the start of each year and as soon as possible if changes occur throughout the year.

All teaching and administrative staff hold current First Aid Certificates and have received training in CPR and responding to anaphylaxis. Mingoola maintains two Epipens for use in the case of anaphylactic shock.

While the school does keep an emergency Ventolin puffer and EpiPen, students with asthma or identified as at risk of anaphylaxis are expected to bring their own medication to school each day. An individual health care plan is required to be developed for these students. Please speak to the principal for further information.

Specific arrangements need to be made with the principal for students who need to take any form of medication at school.
**Immunisation**

While recognising the right of parents to manage the health of their child, Mingoola Public School strongly recommends that students receive all recommended immunisations. Information on immunisation can be found at [www.health.nsw.gov.au/publichealth/immunisation/schedule.asp](http://www.health.nsw.gov.au/publichealth/immunisation/schedule.asp).

Mingoola Public School is required to request immunisation records for each child enrolled.

Students who are not immunised may be asked to stay home from school during an outbreak of a vaccine preventable disease.

**Illness & Infections**

Whilst proud of our high attendance rate, the staff of Mingoola Public School appreciate parents taking preventative measures to stop the spread of illness and infections to other students and staff.

Please find information on specific infections and the required exclusion from school period attached to this booklet.

**Sun Safety**

Australia suffers the highest rates of melanoma of any nation on earth. Mingoola Public School takes sun protection very seriously and implements policies and education to promote behaviours that will reduce the risk of our students developing cancer in later life.

The school enforces a *No Hat – Play in the Shade* policy to reduce students’ exposure to the sun. Students are also provided with Cancer Council sunglasses and sunscreen for use at school. We strongly encourage students to practice sun safe behaviours both at school and home.

**Crunch & Sip**

Each day, students break for 'Crunch & Sip' at 10am. The purposes of this break are to promote healthy eating and top up students’ energy for thinking.

Students are only permitted to eat fruit and vegetables with water during the Crunch & Sip break.

Enrolment Procedures

Children may enrol in Kindergarten at the beginning of the school year if they turn five years of age on or before 31 July that year. Children must be enrolled in Kindergarten by the age of six years.

It is recommended that children who have not enrolled in Kindergarten by the year in which they turn six are enrolled at the beginning of the year, as the schools educational programs build on experiences over the course of the year.

Kindergarten Orientation Program

Students entering Kindergarten are invited to attend our orientation program, beginning in Term 4 of the year before they enrol. During this term, students entering Kindergarten the following year attend school for one half day each week to become familiar with the staff, other students and routines. This also provides the opportunity for teachers to gain an understanding of the child’s educational needs and develop an effective learning program for the following year.

Parents seeking to enrol their students in Kindergarten are encouraged to contact the school in Term 3 of the year before their child starts full time school.

School Kids Bonus

Parents and carers of primary school children are eligible to receive $422 for school expenses each year. You should receive $211 paid in January and $211 paid in July.

If you have not received your payment by 31 January, check the information at http://www.humanservices.gov.au/customer/services/schoolkids-bonus to confirm your eligibility.

Parents & Citizens Association

Mingoola Public School enjoys the benefits of an active and involved P&C. The P&C has input into many school decisions affecting students and supports the activities of the school through fundraising and organising events.

P&C meeting dates are advertised in the school newsletter. All members of school families are encouraged to join. Community members may also become members of the P&C.

Photographs
Professional photographers take school photos each year, which are made available for purchase. In addition to this, staff will take photos of students engaged in learning activities for inclusion in the newsletter and school website. Parental permission (as part of the enrolment package,) is sought before these images are published.

Visitors

All visitors to school grounds are required to sign-in at the office upon arrival.

To ensure the smooth running of daily routines, we ask that parents visit classrooms only on official business or with prior organisation.

Canteen

When volunteers are available, the P&C operates a weekly canteen service at the school on Monday lunchtimes. The menu is developed within the Dietary Guidelines for Children and Adolescents in Australia and the Fresh Tastes at School NSW Healthy School Canteen Strategy.

The provision of healthy meals through the school canteen is an important part of the school’s policy on healthy living. Some of the produce used in the canteen is produced in our own vegetable garden.

Menus and prices are provided to parents at the start of each year.

Parents are strongly encouraged to approach the P&C canteen coordinator to assist in the canteen roster.

Book Club

The Scholastic Book Club operates in our school each month. Order forms are sent home for parents to complete and return to school with any orders. Books usually arrive within two weeks.

If you require further information, please contact the school.

We look forward to working with you this year to deliver a stimulating and challenging learning experience for your child

Appendix A
### Childhood Illnesses and Exclusion Times

This information has been sourced from the NSW Health website -

<table>
<thead>
<tr>
<th>Illness</th>
<th>Time from exposure to illness</th>
<th>Symptoms</th>
<th>Do I need to keep my child home?</th>
<th>How can I help prevent spread?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Pox</td>
<td>10 to 21 days, usually 14 to 16 days.</td>
<td>Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.</td>
<td>Yes, for 5 days from the onset of the rash and the blisters have dried.</td>
<td>Immunise your child at 18 months of age. Immunisation is recommended for children at 12 years if they are not immune.</td>
</tr>
<tr>
<td>Conjunctivitis</td>
<td>1-3 days.</td>
<td>The eye feels scratchy, is red and may water. Lids may stick together on waking.</td>
<td>Yes, while there is discharge from the eye.</td>
<td>Careful hand washing; avoid sharing towels. Antibiotics may be needed.</td>
</tr>
<tr>
<td>Gastroenteritis</td>
<td>Depends on the cause: several hours to several days.</td>
<td>A combination of frequent loose or watery stools, vomiting, fever, stomach cramps, headaches.</td>
<td>Yes, at least for 24 hours after diarrhoea stops.</td>
<td>Careful hand washing with soap and water after using the toilet or handling nappies and before touching food.</td>
</tr>
<tr>
<td>German Measles (Rubella)</td>
<td>14 to 21 days.</td>
<td>Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time. Can cause birth defects if pregnant women are infected.</td>
<td>Yes, for at least 4 days after the rash appears.</td>
<td>Immunisation (MMR) at 12 months and 4 years of age.</td>
</tr>
<tr>
<td>Glandular Fever</td>
<td>4 to 6 weeks.</td>
<td>Fever, headache, sore throat, tiredness, swollen nodes.</td>
<td>No, unless sick.</td>
<td>Careful hand washing, avoid sharing drinks, food and utensils, and kissing.</td>
</tr>
<tr>
<td>Hand Foot and Mouth Disease</td>
<td>3 to 5 days.</td>
<td>Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area.</td>
<td>Yes, until the blisters have dried.</td>
<td>Careful hand washing especially after wiping nose, using the toilet and changing nappies.</td>
</tr>
<tr>
<td>Condition</td>
<td>Time from infestation to eggs hatching - usually 7 to 10 days.</td>
<td>Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.</td>
<td>No, as long as head lice management is ongoing.</td>
<td>Family, friends and classroom contacts should be examined and treated if infested. Clothing and bedding should be washed in hot water.</td>
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<tr>
<td>Head Lice</td>
<td>About 4 weeks (can range from 2 to 7 weeks).</td>
<td>Often none in small children; sudden fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.</td>
<td>Yes, for 2 weeks after first symptoms or 1 week after onset of jaundice.</td>
<td>Careful hand washing; those that have had close contact with an infected child may need to have an injection of immunoglobulin; immunisation is recommended for some people.</td>
</tr>
<tr>
<td>Hepatitis A</td>
<td>1 to 3 days.</td>
<td>Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.</td>
<td>Yes, until antibiotic treatment starts. Sores should be covered with watertight dressings.</td>
<td>Careful hand washing.</td>
</tr>
<tr>
<td>Impetigo</td>
<td>1 to 3 days.</td>
<td>Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.</td>
<td>Yes, until they look and feel better.</td>
<td>Careful hand washing, especially after coughing, sneezing or wiping your nose. Immunisation is recommended for children with chronic illnesses.</td>
</tr>
<tr>
<td>Influenza</td>
<td>1 to 3 days.</td>
<td>Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.</td>
<td>Yes, for at least 4 days after the rash appears.</td>
<td>Immunisation (MMR) at 12 months and 4 years. Childcare/school attendees who are not immune may be excluded for 14 days after onset in the last case at the facility.</td>
</tr>
<tr>
<td>Measles</td>
<td>About 10 to 12 days until first symptoms, and 14 days until the rash develops.</td>
<td>Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.</td>
<td>Yes, Seek medical attention immediately.</td>
<td>Individuals who have had close contact with the infected child should see their doctors urgently if symptoms develop, and may need to have a special antibiotic. Immunisation with Meningococcal C vaccine at 12 months of age.</td>
</tr>
<tr>
<td>Meningococcal</td>
<td>Usually 3 to 4 days (can range from 2 to 10 days).</td>
<td>Sudden onset of fever and a combination of headache, neck, stiffness, nausea, vomiting, drowsiness or rash.</td>
<td>Yes, Seek medical attention immediately.</td>
<td>Individuals who have had close contact with the infected child should see their doctors urgently if symptoms develop, and may need to have a special antibiotic. Immunisation with Meningococcal C vaccine at 12 months of age.</td>
</tr>
<tr>
<td>Disease</td>
<td>Duration</td>
<td>Description</td>
<td>Isolation</td>
<td>Prevention</td>
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<tr>
<td>Molluscum Contagiosum</td>
<td>7 days to 6 months.</td>
<td>Multiple small lumps (2-5mm) on the skin that are smooth, firm and round, with dimples in the middle. Lumps in children are mostly on the face, trunk, and upper arms and legs. Symptoms can last 6 months to 2 years without treatment.</td>
<td>No.</td>
<td>Avoid contact sports when a child has uncovered lumps</td>
</tr>
<tr>
<td>Mumps</td>
<td>Usually 16 to 18 days (can range from 12 to 25 days).</td>
<td>Fever, swollen and tender glands around the jaw.</td>
<td>Yes, for 9 days after onset of swelling.</td>
<td>Immunisation (MMR) at 12 months and 4 years of age.</td>
</tr>
<tr>
<td>Ringworm</td>
<td>Varies (may be several days).</td>
<td>Small scaly patch on the skin surrounded by a pink ring.</td>
<td>Yes, until the day after fungal treatment has begun.</td>
<td>Careful hand washing.</td>
</tr>
<tr>
<td>Scabies</td>
<td>New infections: 2 to 6 weeks; reinfection: 1 to 4 days.</td>
<td>Itchy skin, worse at night. Worse around wrists, armpits, buttoks, groin and between fingers and toes.</td>
<td>Yes, until the day after the treatment has begun.</td>
<td>Individuals who have had close contact with the infected child should be examined for infestation and be treated if necessary. Wash linen, towels and clothing worn in the past 2 days in hot water and detergent.</td>
</tr>
<tr>
<td>Scarlet Fever</td>
<td>1 to 3 days.</td>
<td>Sudden onset sore throat, high fever and vomiting, followed by a rash in 12 to 36 hours.</td>
<td>Yes, until at least 24 hours of treatment has begun and the child is feeling better.</td>
<td>Careful hand washing. Sick contacts should see their doctor.</td>
</tr>
<tr>
<td>Slapped Cheek</td>
<td>1 to 2 weeks.</td>
<td>Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose. Can cause foetal disease in pregnant women if they have not been previously infected.</td>
<td>No as it is most infectious before the rash appears.</td>
<td>Careful hand washing; avoid sharing drinks.</td>
</tr>
<tr>
<td>Whooping Cough</td>
<td>Usually 9 to 10 days (can range from 6 to 20 days).</td>
<td>Starts with a running nose, followed by persistent cough that comes in bouts. Bouts maybe followed by vomiting and a whooping sound as the child gasps for air.</td>
<td>Yes, until the first 5 days of a special antibiotic have been taken.</td>
<td>Immunisation at 2, 4, 6 months and 4 years of age. A particular antibiotic can be given for the patient and those that have been in close contact. The infected child should be excluded from childcare and school until 5 days after treatment begins. Unimmunised childcare attendees may be excluded from childcare unless they take the antibiotics.</td>
</tr>
</tbody>
</table>